### Protective Measures: Dos and Don’ts

**DO:**
- Wear personal protective equipment (PPE) when in the vicinity of infected patients or potentially infected material or surfaces (face mask, protective clothing, face shield)
- Fit test N-95 or surgical mask
- Wash hands frequently
- Change masks or filter cartridges when protocols dictate
- Discard PPE appropriately after use
- Set up security and protection as requested by medical personnel
- Remove and dispose of contaminated clothing
- Seek immediate medical help if experiencing symptoms of illness

**DO NOT:**
- Do not touch infected persons without proper PPE.
- Do not handle tissues, bodily fluids, or clothing from infected persons without proper PPE.
- Do not reuse gloves, masks, or filters if possible. When reuse is necessary, follow local protocols.
- Do not remove PPE or other clothing while in risk area.

### Personal Protective Equipment (PPE)

**PPE Checklist**
- Respiratory protection
- Gloves
- Fluid resistant or impermeable outer clothing
- Eye protection
- Facemask

**PPE Considerations**
- Select appropriate level and size contingent upon job and expected activities.
- Plan and prioritize workload.
- Anticipate emergency situations.
- Monitor for heat related risks.
- Conduct periodic integrity checks of PPE.
- Avoid false sense of security.
- Do not exceed equipment limitations.
- As you increase the level of protection, the ability to function decreases.
- Immediately wash hands thoroughly after removing any PPE.