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## Disaster Mental Health Considerations During a Weapons of Mass Destruction/Terrorist Incident

**DHS Course #:** AWR-195-W  
**Training Level:** Awareness

**Hours:** 1.25  
**Format:** Online Training

### Description

*Disaster Mental Health Considerations During a Weapons of Mass Destruction/Terrorist Incident* is a self-directed, online course that provides awareness of the mental health impacts of WMD/Terrorism incidents and covers topics including Psychological First Aid, self-care, and professional referrals. This course was developed by the American Red Cross in collaboration with Pearson Performance Solutions.

### Primary Audience

The primary audience for this course is health care and public health personnel. In addition, personnel in non-governmental organizations, community-based organizations, and voluntary organizations can benefit from this course.

### Modules Covered

Module 1: Overview of Disaster Mental Health in a WMD/Terrorism Context  
Module 2: Psychological First Aid Basics  
Module 3: Self-Care  
Module 4: Referrals

### Prerequisites

Persons taking this course should have a basic understanding of disaster recovery operations, including feeding, sheltering, and bulk distribution, and a basic understanding of mental health issues related to disasters. Completion of the *Foundational Awareness of Weapons of Mass Destruction/Terrorism* (AWR-190-W) course and the *Introduction to the National Incident Management System/National Response Plan* (AWR-191-W) course is required.

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**American  
Red Cross**

National Center for Biomedical Research and Training • Academy of Counter-Terrorist Education  
at Louisiana State University  
3190 Pleasant Hall, Baton Rouge, LA 70803 • Toll Free 1-866-221-1083 • Phone 225-578-1375  
<http://www.ncbrt.lsu.edu/elearn> • [elearn@ncbrt.lsu.edu](mailto:elearn@ncbrt.lsu.edu)